

NCDMA SHOW HAIR AND MAKEUP

WHAT YOU WILL NEED FOR HAIR

HAIR SPRAY

GEL

BOBBY PINS

HAIR TIES TO MATCH HAIR COLOR

BRUSH

DONUT BUN

Hair: Bun

Supplies

HAIR SPRAY- Frizz Ease or Strong spray GEL, MOUSE, ETC – Dry wax spray (Sexy Hair, Style Play Dirty)

HAIR TIES TO MATCH HAIR COLOR- Small and Large Sizes

BRUSH, COMB, and SMOOTHING BRUSH HAIR EXTENSION (ONLY IF NEEDED)

Hair accessories – Comes with costume or instructors preference.

Step 1-

Mom and Me -Kin I: Slick back bun- Put hair in a tight, high ponytail (hair can be wet or dry, whichever works best to create a smooth look). Use a hair tie that is close to your hair color.

Kin II and up – Middle Part Bun- Part hair in middle and place ponytail in middle to lower back of head. Use a hair tie that is close to your hair color.

Step 2- Place donut bun through the ponytail resting the donut on the head.

https://www.amazon.com/FANDAMEI-extra-large-medium-pieces-Elastic/dp/B07SYJHKXN/ref=asc_df_B07SYJHKXN?tag=bingshoppinga-20&linkCode=df0&hvadid=79989551466026&hvnetw=o&hvqmt=e&hvbmt=be&hvdev=c&hvlocint=&hvlocphy=&hvtargid=pla-4583589114680387&psc=1

Step 3- Fan hair evenly around the donut. Using another hair tie, place the hair tie overtop the donut bun – securing the hair in place.

Step 4- Separate the remaining hair into two sections – right and left. Twist each section and then wrap around the bun. Secure the hair using bobby pins that are close to your hair color. We recommend MetaGrip Premium Hair Pins. They can be purchased at Sally's Beauty Supply stores or amazon.

Link Below

https://www.amazon.com/MetaGrip-Premium-Hair-Pins-Bronze/dp/B0073VBW6U/ref=sr_1_23?crid=2O53YYPH4LQRJ&dib=eyJ2ljojMSJ9.Wr9ofZsH-yf1J5leBff73BbuBNMeeGVe8UZBzz2mhAu2ZEM1ZTLEDXmPkXxXzh87_IMY_UTa-MBy87elteBYw8PKA3i0Dh9rSCcMQQc_Ld2iplm_oEQ-B1c2gPvDGBKNueWPID0ur0nj9UP2fzyjNOqcd8BL1bllFuQRYj2XOthRkjd5fynXyu_LyQ4e3JK0Z1gOo_cO8F-hxzWUkGPSMRPrE6ijaawsiQ9VJQ25fZJZc9WncUr5wCE-lu4aWMqvt4L63VR2zLYdjSV0zIBzin1L7X3DFnFagqWaujzpLQ.wdn66lodFWoNr8mWp0p9Z-AOqYWflcRc7Srx0IMtQvY&dib_tag=se&keywords=straight+bobby+pins&qid=1712249519&s=beauty&srefix=straight+bobby+piin%2Cbeauty%2C520&sr=1-23

Step 5- Hairspray to keep hair in place and to make sure there are no fly-a ways. Hair should be very slick.

Below is a Youtube video to help apply the same technique after parting hair. Good luck!

<https://www.youtube.com/watch?v=I7jcRLB8Zx0>

MAKE-UP

Supplies

**Products you can get at your local Rite Aid or Walgreens.

Wet and Wild Products-

- Cover up, foundation, and Bronzer – color to match skin tone.
- Black eyeliner and Liquid Eyeliner
- Lip Liner 652C Gone Burgundy
- Lip Stick/gloss 926B Berry Recognize
- Blush - Wild pearlescent Pink 352B
- Other items you will need - Make-up wipes, primer, lash glue, q-tips, tissues, scissors, makeup applicators or brushes, and setting spray.

Mom & Me- Kin I– pink/mauve eyeshadow, pink cheeks, and Pink lips.

Kin II and Up- Natural brown eye shadow with a Smokey look, pink cheeks, deep pink lips.

All dancers are to wear foundation to match their skin tone, black mascara, and black eyeliner; all to enhance the dancer's natural features. *False eyelashes suggested *Color pallets and application instructions below.

Step 1- Make sure the face is clean and moisturized if need be. Start with a base such as liquid cover up to enhance skin tone. (OPTIONAL) Then add bronzer to give a glow to ensure our stars do not get washed out under the bright lights on the stage.

Step 2- Eyeshadow

Some may need a primer for the shadow. Use the white as a base all over the lid. Add the main color to the crease of the lid and outside as shown in the picture below. Use the darker main

color on the outside of the lid making a sideways "V" towards the tip of the eyebrow. Add the darkest color on the edge to highlight the eye. Make sure you use a Q-tip to blend the colors!

Step 3- Add blush to cheeks. Have the dancer smile to accentuate cheekbones.

Step 4- Use eyeliner (liquid) to the top of the lid (optional). The liner should give the appearance of "cat eyes". Then add regular no smudge pencil liner under the eye and have it come out past the corner of your eye to meet the liquid liner making the cat eye.

Step 5- Add Mascara.

RECOMMENDED: Apply lashes (demi 101 8 and Under or dramatic lash for older kids). Tip: don't use too much glue, make sure you count to 30 before applying lash after putting the glue on the false lash itself. If the lashes are too long, clip to the size required.

Step 6- Apply Lipstick. Next, apply a gloss.

***Make-up can be found at Walgreens, Rite-Aid, Walmart &. Remember these are recommended products, when purchasing stick within the color pallets. ***

Happy Shopping!! Good Luck